

WEEKDAYS VIA Poughkeepsie to Ulster

AM Light Face, PM Bold Face	AM Peak															PM Peak						
Grand Central Terminal	—	—	—	—	—	—	—	7 38	8 45	10 45	—	12 45	—	2 52	3 31	4 10	—	5 04	5 50	6 17	7 56	
Poughkeepsie Station	—	—	—	—	—	—	—	9 34	10 37	12 39	—	2 39	—	4 34	5 14	5 54	—	6 35	7 30	8 04	9 37	
Express																						
Poughkeepsie Station	5 45	6 00	6 45	7 00	7 15	7 45	8 45	9 40	10 50	12 45	—	2 45	—	4 45	5 20	6 00	6 35	6 45	7 40	+ 8 30	+ 9 45	
Poughkeepsie Main & Market	5 48	6 03	6 48	7 03	7 18	7 48	8 48	9 43	10 53	12 48	—	2 48	—	4 48	5 23	6 03	6 38	6 48	7 43	8 33	9 48	
Wingate	—	—	Ar 6 55 Lv 7 10	—	—	—	Ar 8 55 Lv 9 05	—	—	—	Ar 2 55 Lv 3 05	—	—	—	—	—	6 45	—	—	—	9 55	
Bridgeview Plaza	—	—	7 12	—	—	—	9 07	—	—	—	3 07	—	—	—	—	—	6 52	—	—	—	10 02	
Vineyard & Tillson	—	—	7 15	—	—	—	9 10	—	—	—	3 10	—	—	—	—	—	6 55	—	—	—	10 05	
Milton & Vineyard	—	—	7 18	—	—	7 55	9 13	9 57	11 03	—	3 13	—	—	4 58	—	6 13	6 58	—	—	8 42	10 08	
Highland Park & Ride	—	—	°7 20	7 15	—	8 00	9 15	10 00	11 05	1 00	3 15	3 00	°4 40	5 00	5 35	6 15	°7 00	7 00	7 50	8 45	10 10	
Old New Paltz Rd /Chodikey Lake Rd	—	—	7 25	—	—	—	9 20	—	—	—	3 20	—	—	—	—	—	7 05	—	—	—	10 15	
Old New Paltz Rd/ Pancake Hollow Rd	—	—	7 28	—	—	—	9 23	—	—	—	3 23	—	—	—	—	—	7 08	—	—	—	10 18	
Old New Paltz Rd /Rt. 299	—	—	7 33	—	—	—	9 28	—	—	—	3 28	—	—	—	—	—	7 13	—	—	—	10 23	
New Paltz – SUNY HAR Shelter	—	—	—	—	—	—	—	—	—	1 12	—	3 12	—	5 07	—	—	—	—	—	—	—	
New Paltz Park & Ride	6 15	6 30	7 45	—	7 30	8 15	9 40	10 15	11 20	1 20	3 40	3 20	—	5 15	5 50	°6 30	7 25	7 15	8 05	9 00	10 25	
Rosendale Park & Ride	6 30	—	—	—	—	8 30	9 55	10 30	11 35	1 35	—	3 35	—	5 30	—	—	7 35	—	8 20	9 15	10 35	

° Bus change required  
+ Buses will wait at Poughkeepsie for the train in the event of a train delay on the two final trips on weekdays and the final trip on weekends.

MTA METRO-NORTH RAILROAD’S GUARANTEED RIDE HOME PROGRAM

MTA Metro-North monthly **UniTicket** customers who ride the Ulster-Poughkeepsie LINK to Poughkeepsie Station and commute to Grand Central Terminal or Harlem-125th Street can get up to two free taxi rides per month to their car or home from Poughkeepsie Station during the few select times when the Ulster-Poughkeepsie LINK is not scheduled to meet a train.

HERE’S HOW THE PROGRAM WORKS

Your guaranteed ride will be provided by **Delroy Taxi (845-452-1222)** at Poughkeepsie Station. Just follow these simple steps:

1. Present your valid UniTicket at any ticket window in Grand Central Terminal or, between 6:40 AM and 7:51 PM, at Harlem-125th Street Station.

2. The ticket agent will stamp the UniTicket and give you a validated voucher.  
(Laminated UniTickets will not be accepted.)
3. Take a train listed on the Guaranteed Ride Home Program Schedule (available at [www.mta.info](http://www.mta.info)) to Poughkeepsie Station, and go to the **Delroy Taxi** stand. (If you like, call the number above so the driver is expecting you.)

4. Present your voucher to the driver when you enter the taxi. (The voucher is good only for the day of the requested ride.)

It’s that simple! You’ll be taken to your car, home, or to any location in Ulster or Orange counties within 20 miles of Poughkeepsie Station.

**Guaranteed Ride Home Program Hours**  
Monday through Friday (excluding holidays) during off-peak† times for all local trains leaving Grand Central Terminal not met by an Ulster-Poughkeepsie LINK bus.

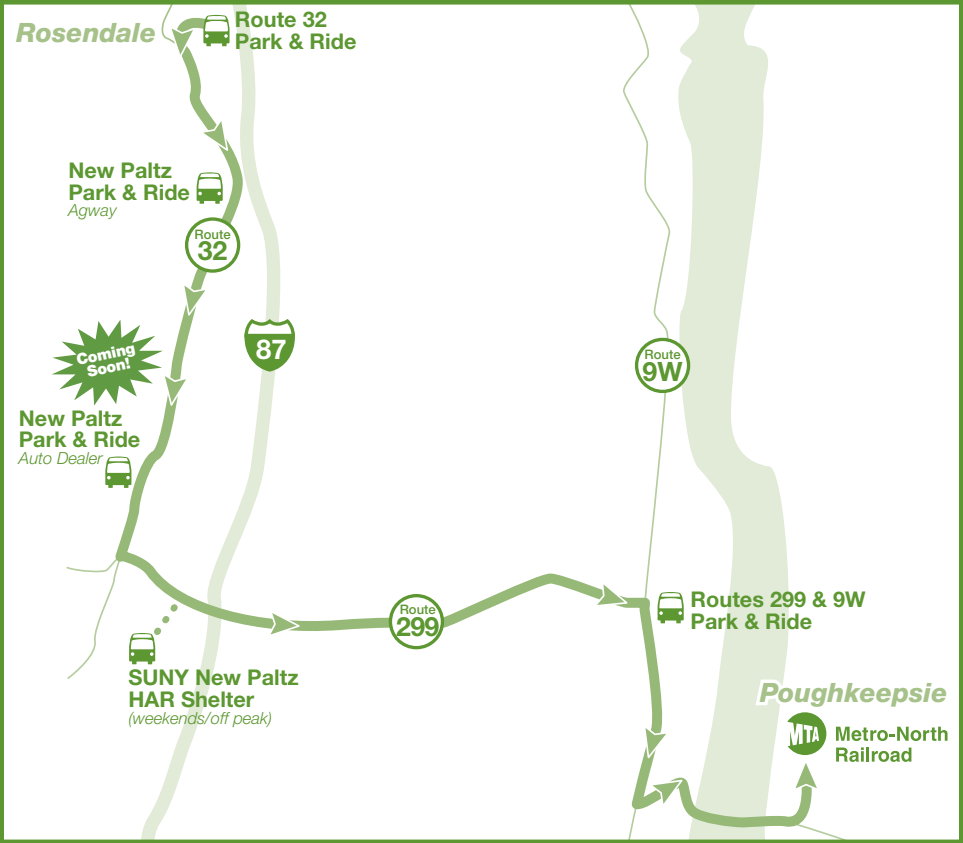
**PLEASE NOTE:**  
The program cannot be used when there is a delay in bus or train service due to breakdown or other problems.

† Trains leaving Grand Central Terminal between 4 PM and 8 PM are not included in this program.

WEEKENDS VIA Poughkeepsie to Ulster

AM Light Face, PM Bold Face					
Grand Central Terminal	7 47	9 50	11 45	1 45	3 55
Poughkeepsie Station	9 41	11 38	1 38	3 38	5 40
Poughkeepsie Station	9 45	11 45	1 45	3 45	+ 5 45
Poughkeepsie Main & Market	x 9 18	x 11 18	x 1 18	x 3 15	x 5 18
Highland Park & Ride	10 00	12 00	2 00	4 00	6 00
New Paltz – SUNY HAR Shelter	10 07	12 07	2 07	4 07	6 07
New Paltz Park & Ride	10 15	12 15	2 15	4 15	6 15
Rosendale Park & Ride	10 30	12 30	2 30	4 30	6 30

x Buses will stop at Main & Market after stopping at Poughkeepsie Station.



The Ulster-Poughkeepsie LINK is operated by Ulster County Area Transit – UCAT under contract with the New York State Department of Transportation and in cooperation with Metro-North Railroad.

WEEKDAYS <i>VIA POUGHKEEPSIE TO GRAND CENTRAL TERMINAL</i>																					
AM Light Face, <b>PM Bold Face</b>	AM Peak						AM Light Face, <b>PM Bold Face</b>														
<b>Rosendale Park &amp; Ride</b>	5 03	5 15	5 45	—	6 30	—	—	—	9 40	11 40	<b>1 15</b>	<b>1 35</b>	—	<b>3 35</b>	<b>4 10</b>	—	<b>4 35</b>	—	—	—	<b>7 50</b>
<b>New Paltz Park &amp; Ride</b>	5 13	5 25	5 55	6 30	6 40	—	7 45	8 30	9 50	11 50	<b>1 25</b>	<b>1 45</b>	<b>3 45</b>	<b>3 45</b>	<b>4 20</b>	—	<b>4 45</b>	<b>5 50</b>	<b>6 45</b>	<b>7 40</b>	<b>8 00</b>
<b>New Paltz – SUNY HAR Shelter</b>	—	—	—	—	—	—	—	—	—	11 53	—	<b>1 48</b>	—	<b>3 48</b>	—	—	—	—	—	—	—
<i>Old New Paltz Rd /Rt. 299</i>	—	—	6 04	—	—	—	7 55	—	—	—	<b>1 35</b>	—	<b>3 55</b>	—	—	—	—	—	—	—	<b>8 10</b>
<i>Old New Paltz Rd/Pancake Hollow Rd</i>	—	—	6 06	—	—	—	7 57	—	—	—	<b>1 37</b>	—	<b>3 57</b>	—	—	—	—	—	—	—	<b>8 12</b>
<i>Old New Paltz Rd/Chodikee Lake Rd</i>	—	—	6 07	—	—	—	7 58	—	—	—	<b>1 38</b>	—	<b>3 58</b>	—	—	—	—	—	—	—	<b>8 13</b>
<b>Highland Park &amp; Ride</b>	5 30	5 45	6 12	6 45	7 00	◊7 30	8 03	8 45	10 10	<b>12 10</b>	<b>1 45</b>	<b>2 05</b>	◊4 05	<b>4 05</b>	<b>4 40</b>	<b>4 40</b>	<b>5 05</b>	<b>6 05</b>	<b>7 00</b>	<b>7 55</b>	<b>8 20</b>
<i>Woodside Place</i>	—	—	6 15	—	—	—	8 06	—	—	—	<b>1 48</b>	—	<b>4 08</b>	—	—	<b>4 41</b>	—	—	—	—	<b>8 23</b>
<i>Milton &amp; Vineyard</i>	—	—	6 16	—	—	7 33	8 07	8 48	10 13	—	<b>1 49</b>	<b>2 08</b>	<b>4 09</b>	—	—	<b>4 42</b>	—	—	—	—	<b>8 24</b>
<i>Vineyard &amp; Tillson</i>	—	—	6 17	—	—	—	8 08	—	—	—	<b>1 50</b>	—	<b>4 10</b>	—	—	<b>4 43</b>	—	—	—	—	<b>8 25</b>
<i>Wingate</i>	—	—	6 22	—	—	—	8 13	—	—	—	<b>2 00</b>	—	<b>4 15</b>	—	—	<i>Ar</i> 4 48 <i>Lv</i> 5 05	—	—	—	—	<b>8 30</b>
<i>Bridgeview Plaza</i>	—	—	6 24	—	—	—	8 15	—	—	—	<b>2 03</b>	—	<i>Ar</i> 4 18 <i>Lv</i> 4 35	—	—	<b>5 08</b>	—	—	—	—	<b>8 33</b>
<b>Poughkeepsie Station</b>	5 45	6 00	6 40	7 00	7 15	7 45	8 30	9 00	10 25	<b>12 25</b>	—	<b>2 20</b>	—	<b>4 20</b>	<b>4 55</b>	<b>5 25</b>	<b>5 20</b>	<b>6 20</b>	<b>7 15</b>	<b>8 10</b>	<b>8 45</b>
<i>Poughkeepsie Main &amp; Market</i>	<b>x</b>	<b>x</b>	<b>x</b>	<b>x</b>	<b>x</b>	<b>x</b>	<b>x</b>	<b>x</b>	<b>x</b>	<b>x</b>	—	<b>x</b>	—	<b>x</b>	<b>x</b>	<b>x</b>	<b>x</b>	<b>x</b>	<b>x</b>	<b>x</b>	<b>x</b>
<b>Express</b>																					
<b>Poughkeepsie Station</b>	6 00	6 15	6 47	7 10	7 26	7 55	8 56	9 41	10 41	<b>12 41</b>	—	<b>2 41</b>	—	<b>4 39</b>	<b>5 14</b>	<b>5 57</b>	<b>5 57</b>	—	<b>7 29</b>	<b>8 33</b>	<b>10 07</b>
<b>Grand Central Terminal</b>	7 42	7 47	8 17	8 43	9 10	9 32	10 38	11 23	<b>12 31</b>	<b>2 31</b>	—	<b>4 32</b>	—	<b>6 23</b>	<b>6 56</b>	<b>7 36</b>	<b>7 36</b>	—	<b>9 15</b>	<b>10 18</b>	<b>12 12</b>

**x Poughkeepsie Main Street & Market customers:** Buses will stop at Main & Market after stopping at Poughkeepsie Station  
◊ Bus change required      z Saturday only

FARES\* *BETWEEN ULSTER AND GRAND CENTRAL TERMINAL*

- Monthly UniTicket:** .....\$407.00\*
  - Combination bus/rail monthly
  - Unlimited travel on bus/rail
  - Good seven days per week
- Weekly UniTicket:**.....\$129.50\*
  - Combination bus/rail weekly
  - Unlimited travel on bus/rail
  - Good Saturday through Friday
- Bus Fare:**
  - Rosendale-Poughkeepsie One-way \$2.00
  - New Paltz-Poughkeepsie One-way ..\$1.75
  - Highland-Poughkeepsie One-way ....\$1.25
  - Senior/Disabled .....\*\**Other discount fares available, please call UCAT.*
- Rail Fares\*:**
  - One-way peak .....\$17.75
  - One-way off-peak .....\$13.25
  - One-way child (ages 5-11) .....\$0.75\*\*\*
  - Senior/Disabled .....\$8.75\*\*
  - Monthly Commutation .....\$367.00
  - Weekly Commutation.....\$117.50
  - Ten trip peak .....\$177.50
  - Ten trip off-peak.....\$112.75

\* Purchased with Metro-North monthly or weekly rail ticket only.  
\*\* Seniors, Persons with Disabilities and Medicare recipients may ride ½ fare during the hours of 10 AM and 2 PM. A valid Medicare card should be presented upon request when boarding.  
- Senior Citizen Identification: Medicare card or driver's license.  
- Person with Disability Identification: Medicare card or disabled identification card issued by MTA or New York City.  
\*\*\* Family fare. Restrictions apply.  
♦ Fares effective March 1<sup>st</sup> 2008. Subject to change. Please purchase tickets before boarding. On-board rail fares are higher.  
RESPONSIBILITY: Metro-North Railroad and UCAT cannot assume responsibility for inconvenience, expense or damage resulting from errors in timetables, delayed trains, failure to make connections, or for changes in or shortage of equipment. The schedules, equipment, and fares in this timetable are subject to change without notice.

- MORE WAYS TO SAVE
- Mail & Ride** Join Mail & Ride, Metro-North's monthly ticket-by-mail subscription service, and save.
  - WebTicket** Reduced rail fares are available through WebTicket.
  - Visit us at **www.mta.info**.

HOLIDAYS

Ulster-Poughkeepsie LINK service **WILL NOT** operate on the following holidays:

Memorial Day (5/25).

Ulster-Poughkeepsie LINK service **WILL** operate on a **WEEKEND SCHEDULE** on the following holidays:

The day before Independence Day (7/3) and Independence Day (7/4).

Metro-North trains will operate on a regular schedule on the day before Independence Day (7/3).

WEEKENDS <i>VIA POUGHKEEPSIE TO GRAND CENTRAL</i>						
AM Light Face, <b>PM Bold Face</b>	Sat. Only					
<b>Rosendale Park &amp; Ride</b>	z 8 30	8 30	10 30	<b>12 30</b>	<b>2 30</b>	<b>4 30</b>
<b>New Paltz Park &amp; Ride</b>	z 8 40	8 40	10 40	<b>12 40</b>	<b>2 40</b>	<b>4 40</b>
<b>New Paltz – SUNY HAR Shelter</b>	z 8 43	8 43	10 43	<b>12 43</b>	<b>2 43</b>	<b>4 43</b>
<b>Highland Park &amp; Ride</b>	z 9 00	9 00	11 00	<b>1 00</b>	<b>3 00</b>	<b>5 00</b>
<b>Poughkeepsie Station</b>	z 9 15	9 15	11 15	<b>1 15</b>	<b>3 15</b>	<b>5 15</b>
<b>Express</b>						
<b>Poughkeepsie Station</b>	z 9 40	9 46	11 41	<b>1 45</b>	<b>3 41</b>	<b>5 38</b>
<b>Grand Central Terminal</b>	z 11 13	11 31	<b>1 26</b>	<b>3 36</b>	<b>5 32</b>	<b>7 26</b>

**Police Emergency Only:**  
**(800) 836-MNPD or**  
**(212) 878-1000**

**UCAT** (Ulster County Area Transit)  
Information.....(888) 827-UCAT  
(888) 827-(8228)  
General Office .....(845) 340-3333  
Monday – Friday .....5:00 AM – 11:00 PM  
Saturday – Sunday .....7:40 AM – 7:40 PM

**MTA New York City Transit**  
New York City: .....(718) 330-1234

**Amtrak**.....(800) USA-RAIL  
(800) 872-7245

**MTA Police: (212) 878-1001**

**MTA Metro-North Railroad**  
Schedules, fares, and Senior Citizen/Disabled accessibility from:  
New York City: .....(212) 532-4900  
Other areas: .....(800) METRO-INFO  
(800) (638-7646)  
Hearing Impaired  
(*Teleprinter only:*) .....(800) 724-3322  
Tickets and Fares brochure available at all ticket offices, Grand Central Terminal, and online at **www.mta.info**.

**The Ulster-Poughkeepsie LINK and MTA Metro-North Railroad**

For service between  
**Ulster County, NY and Grand Central Terminal**  
*(via Metro-North's Poughkeepsie Station)*  
Ulster-Poughkeepsie LINK Operated by UCAT  
*(Ulster County Area Transit)*

Includes the Guaranteed Ride Home Program for Metro-North/Ulster-Poughkeepsie LINK UniTicket Customers.

**MTA Metro-North Railroad**

Visit Metro-North online at **www.mta.info**  
Visit UCAT online at **www.ulstercountryny.gov/ucat**

**MTA Metro-North Railroad**

**Ulster-Poughkeepsie LINK**